

Holistic Treatment List

SWEDISH MASSAGE

Relaxation or Deep tissue tailored to the clients comfort.

Back, neck, shoulders or full body.....30 MINS €50 / 55 MINS €85

HOT STONE RITUAL

A full or half body massage ritual using deeply warming and therapeutic

basalt stones.30 MINS €55 / 55 MINS €90

INDIAN HEAD MASSAGE

A head massage to focus on balancing the body's energy, eliminating tiredness, alleviate headaches, eye strain, stress and muscle tension.....

30 MINS €50

RELAXING MOMENT MASSAGE

A combination of hot stone back massage, Indian head massage and tired leg and foot massage.....

55 MINS €85

EAR CANDLING

A natural gentle cleansing treatment for the ear canal.....

30 MINS €55

REFLEXOLOGY

Reflexology can treat the whole body through the feet and can unblock flow of energy in organs and rebalance entire systems.....

30 MINS €55 / 55 MINS €80

TIRED LEGS AND FEET

This foot massage improves circulation, stimulates muscles, reduces tension and often eases pain.....

30 MINS €50

BACK FACIAL TREATMENT

Destress and cleansing back scrub followed by a therapeutic massage.....

30 MINS €55

BACK OF BODY RITUAL

Relax and indulge in this back of body treatment. This blissful ritual begins with a body brush to increase circulation & stimulate the lymphatic system. Enjoy a calming back sugar scrub with uplifting geranium, ylang ylang & sweet orange scents to refresh and hydrate the skin. This ritual closes with a relaxing massage from the soles of your feet to your back, neck and shoulders.

55 MINS €90

Organic Revitalising Facial and Back Massage

Tailored to your skin type this organic treatment will give you that radiant glow.

55 mins €90



KILLARNEY ORGANIC SIGNATURE RITUAL & FACIAL PACK

* 55 min full body Massage

* 30 min Organic Luxury Facial

* Killarney Organic skincare pamper box to continue your new skincare Routine (Chamomile & Calendula

Luxury Cleansing Oil, Cleansing Cloth, Floral Toner and Moisture Extreme Recovery Balm).....€199